



SUNBEAMS ARE ASKING FOR
DONATIONS FOR THE
RONALD McDONALD
FAMILY ROOM PROGRAM

Ronald McDonald Family Rooms rely on the work of our volunteers and the financial support of individual and corporate donations.

There are many ways you can contribute to our Family Room which is at Gosford Hospital

ITEMS:

Cappuccino Sachets

UHT Milk (1l)

Chocolate bars

Snack foods

Biscuits

Le Snack

Noodles/ Tinned Tuna

Juice

Tissues

Shampoo/Conditioner

Hair Brushes/ Combs

Body Wash

Deodorant

Tooth-Brushes/Paste

COVID-19 Requirements:

single serves & must be individually wrapped

Long life Milk 1l full cream / light

must be individually wrapped

individual serve packets – Shapes, Chips, Muesli bars, gluten free options

individual serve packets - Tiny Teddies etc.

cheese & cracker individual serve packets

2 Minute Noodle single cup servings (cannot accept packets), small tins of tuna

individual poppers

pocket size

travel size only – 100ml

For male & female

travel size only – 100ml

travel size only – 100ml (male & female)

individual sealed packs, small Toothpaste